



Broad Ripple Flanner Buchanan
1305 E Broad Ripple Ave
Indianapolis, IN 46220

MAKE THIS YOUR WINTER OF WELLNESS

Registration for Winter/Spring Exercise Classes NOW Available

We invite you to connect with your friends and favorite instructors. A limited number of classes begin on January 10 at select Oasis locations. Oasis will follow our local health mandates/guidelines as we continue to navigate the pandemic. Masks strongly recommended.

Full class descriptions and registration available online at oasisindy.org or call **317.396.3751** for more information or register by phone with a credit card.

More information on Winter/Spring Lifelong Learning classes coming soon! Contact us at **317.396.3751** to be added to our email list for upcoming classes.

Sponsored by Flanner Buchanan

**Beginning Exercise Through the
Ages Fitness #104**

11AM–12PM | **WED, Jan 12–Mar 2**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

**Beginning Exercise Through the
Ages Fitness #105**

11AM–12PM | **WED, Mar 9–Apr 27**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

Gentle Chair Yoga #107

9:30–10:30AM | **MON, Jan 10–Feb 28**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

Gentle Chair Yoga #108

9:30–10:30AM | **MON, Mar 7–Apr 25**
(No Class 4/4 & 4/18)
Broad Ripple–Flanner Buchanan
6 Sessions | \$54.00



Strength, Balance & Flexibility #110

11:30–12:30PM | **MON, Jan 10–Feb 28**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

Strength, Balance & Flexibility #111

11:30–12:30PM | **MON, Mar 7–Apr 25**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

Yoga #113

12:30–1:30PM | **WED, Jan 12–Mar 2**
Broad Ripple–Flanner Buchanan
8 Sessions | \$72.00

Yoga #114

12:30–1:30PM | **WED, Mar 9–Apr 7**
(No Class 4/6 & 4/20)
Broad Ripple–Flanner Buchanan
6 Sessions | \$54.00

Seniors Moving & Grooving #505

10–11AM | **MON, Jan 10–Feb 28**
Indianapolis Healthplex
8 Sessions | \$72.00

Seniors Moving & Grooving #506

10–11AM | **MON, Mar 7–Apr 25**
Indianapolis Healthplex
8 Sessions | \$72.00



SHAPE with Rachell #508

10–11AM | **WED, Jan 12–Mar 2**
Indianapolis Healthplex
8 Sessions | \$72.00

SHAPE with Rachell #509

10–11AM | **WED, Mar 9–Apr 27**
Indianapolis Healthplex
8 Sessions | \$72.00

Yoga #513

12:30–1:30PM | **WED, Jan 12–Mar 3**
Indianapolis Healthplex
8 sessions | \$72.00

Yoga #514

12:30–1:30PM | **WED, Mar 3–Apr 27**
Indianapolis Healthplex
8 sessions | \$72.00